

8th April 2015

Dear Rev. Father,

We hope all is well with you and your parish community as the Bishop develops his plans for the future.

As you may be aware, St. Antony's Centre will soon be a new Charity developing and supporting work across the Diocese. Colette Burke, who leads our Spirituality Project together with Sr. Winnie Morley of the Cenacle, Liverpool, are planning to give a 4 week programme at St. Antony's Centre based on **Ignatian Discernment**. There is a welcome meeting at the Centre on Tuesday, 5th May 2015 (3:00pm to 4:00pm) and thereafter the sessions will commence on Tuesday, 19th May 2015 (2:00pm to 4:00pm).

The four weeks Programme will be looking in more depth at the Ignatian Rules of Discernment:

The outline plan for the sessions are as follows:

Week 1: Tuesday, 19th May 2:00pm – 4:00pm: ***What do we mean by Consolation and Desolation?***

Week 2: Tuesday, 26th May 2.00pm – 4.00pm: ***The Rules of Discernment.***

Week 3: Tuesday, 2nd June 2.00pm – 4.00pm: ***The Election – How to make good decisions.***

NO MEETING ON 9TH JUNE.

Week 4: Tuesday, 16th June 2-4pm: ***The Examen – Reflection on the movement of Spirits at the end of each day.***

Each week will stand alone and as such, even if it is not possible for people to attend all of the sessions, they can choose individual sessions and attend one or more.

As usual, the sessions are free, however all donations are gratefully received to support this work.

We have attached/enclosed a poster and in this regard, would be very grateful if you would kindly display this in your Parish and draw attention to the Events in your newsletter.

Enquiries and further information about the Centre and project can be obtained from Colette at the Centre.

Also attached is a poster for the forthcoming Mass on Friday, 12th June 7:00pm, to celebrate the Feast of St. Anthony of Padua.

All are welcome.

Many thanks.

Very best wishes and God bless,

Colette

"Life to the Full!"

St. Antony's Centre Spirituality Project

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